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THE GIPS MONTHLY MAGAZINE

GLOBAL TIMES

Developing

Secure Attachment



80th Independence Day



From the Administrator's Desk

Pear Students, Parents and Staff,

It gives me immense pleasure to present another issue of our school magazine. Every month, this publication becomes a proud mirror of the vibrant learning, creativity, and values that define Global International Public School, Holagundi. Through the pages that follow, we witness the curiosity of young minds, the

dedication of our teachers, and the collective spirit that makes our school a nurturing home for growth.

I extend my heartfelt congratulations to every student who has contributed articles, poems, artwork, reports, or photographs. Your efforts transform this magazine into a true celebration of talent and hard work. To our teachers, who guide and inspire these contributions, and to our parents, whose unwavering support strengthens every child's journey—thank you. Your partnership continues to help our students aim higher and dream bigger.

As we move forward, let us remain committed to nurturing curiosity, discipline, compassion, and excellence in all that we do. May this magazine encourage more young voices to express themselves freely and confidently.

Mr. Dalayath Kareem Saheb
Administrator
Global International Public School
Holagundi





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Contents

1. Admin's Message	3
2. Editorial	5
3. Campus Pulses	7
4. ಸ್ವಾತಂತ್ರ್ಯ - ತ್ಯಾಗದ ಫಲ...	13
5. Opinion	14
6. Anecdote Achieves	17
7. Developing Secure...	18
8. ನನ್ನ ತಂದೆ	20
9. Math Made Easy	21
10. Crosswords	22
11. GK Corner	22
12. Quote of the month	23
13. ಸ್ವಾಮಿ ವಿವೇಕನ ನೆನೆದು	24
14. Science vs Myth	25
15. Strokes of Genius	27
16. Quiz	29
17. Personality of the Month	30
18. Star Students	32
19. Facts Behind Fantasy	33
20. Value of Time	34
21. ಅಮ್ಮ ..	34
22. ಕನ್ನಡ ...	35
23. Speak like a Scholar	36
24. Raksha Bandhan	37
25. Siblings!	37
26. ಸೌ	38
27. The Two Birds	39
28. The Wolf and the Lamb	39



Developing Secure Attachment: Foundations of True Independence

Having recently marked the 80th anniversary of our Independence, the nation celebrated the hard-won freedom that defines us. Flags waved, anthems rose, and speeches reminded us of the courage that secured our sovereignty. Yet true independence is not only a political achievement sealed in history books. It is also an inner condition—the quiet confidence that allows a person to stand free, relate healthily, and contribute meaningfully to the larger whole. At the heart of that inner freedom lies something psychologists call secure attachment.

Secure attachment develops when a child experiences consistent, responsive care. A caregiver who is emotionally available, reliable, and attuned teaches the child that the world is safe enough to explore and that help will come when needed. The result is a young person who can form trusting relationships, regulate emotions, ask for

At the heart of that inner freedom lies something psychologists call secure attachment.

Secure attachment develops when a child experiences consistent, responsive care.

support without shame, and offer it without fear of losing themselves. Insecure attachment—whether anxious, avoidant, or disorganized—often leaves behind patterns of self-doubt, emotional distance, or chaotic relating that can limit personal freedom long after childhood ends.

In a school community, these patterns quietly shape daily life. Students who feel securely connected to teachers, peers, and family are more likely to take intellectual risks, recover from failure, and treat others with fairness. They learn that independence does not mean isolation; it means the capacity to be both autonomous and interdependent. This is precisely the spirit our freedom fighters embodied: individuals strong enough to stand alone when necessary, yet bound by a shared vision of collective dignity.

The recent 80th Independence celebrations offered a powerful moment to reflect on this

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parallel. Political independence freed a nation from external control. Secure attachment frees individuals from the internal chains of fear, mistrust, and emotional dependency. A generation raised with secure foundations is better equipped to guard the freedoms already won—freedom of thought, expression, and association—because they are less likely to trade those freedoms for the false security of conformity or authoritarianism.

Parents, teachers, and mentors hold the daily responsibility of building this foundation. Simple, consistent acts matter: listening without immediate judgment, keeping promises,

allowing age-appropriate autonomy while remaining emotionally present, and modelling healthy conflict and repair. Schools can strengthen secure attachment by creating classrooms where students feel seen, by encouraging peer support rather than pure competition, and by treating mistakes as opportunities for growth rather than evidence of unworthiness.

As we have marked eight decades of national independence, let us also commit to raising a generation that is emotionally independent—capable of deep connection without loss of self, of resilience without hardness, and of contribution without the need for constant external validation.

Secure attachment is not a private psychological luxury; it is a quiet form of nation-building. When young people grow up knowing they are worthy of care and capable of giving it, they become citizens who protect freedom not only with words and flags, but with the steady, everyday courage of healthy human relationships.

In the wake of our 80th year of Independence, may we continue to celebrate not only the liberty of our borders, but the deeper liberty of hearts that know how to trust, explore, and belong. 🌍





Campus Pulse

The NEWS that Informs | Inspires | Involves

Parent-Teacher Meeting - 1

1 August 2026: On Saturday, 1 August 2026, Global International School, Holagundi, successfully conducted a Parents' Meeting for Classes 1 to 8 from 9:30 a.m. to 12:30 p.m.

The school arranged classrooms and interaction spaces with student work displays and progress reports, creating a welcoming environment for meaningful discussions between teachers and parents.

A strong 77% of parents attended, reflecting their active interest in their children's education, while 23% could not join due to prior commitments. The overall response was highly positive, with parents appreciating the transparent sharing of academic progress, behavioural insights and future goals.

Conversations remained constructive and collaborative throughout the session. Teachers highlighted student achievements and study strategies, while parents shared valuable home perspectives and expressed satisfaction with the school's holistic approach.

The meeting reaffirmed the strong home-school partnership at Global International School, Holagundi, and set a positive tone for continued collaboration in the months ahead.

Speech Competition Marks 80th Independence Day Celebrations

14 Aug 2026: Global International Public School, Holagundi, organised a Speech Competition to commemorate India's 80th Independence Day on 15th August 2026. The event aimed to foster patriotism, build confidence, and develop oratory skills among students from Nursery to Grade 10.

The competition was conducted in three stages. The first round took place class-wise on Monday, 10th August 2026. All participants competed within their respective classes, and the first, second, and third position holders from each class advanced to the next stage.

The second round was held grade-wise on Wednesday, 12th August 2026. Selected students from all sections of a particular grade competed against one another. The grade-wise first, second, and third position holders were awarded medals and certificates on 15th August 2026 during the Independence Day programme by the chief guest and all others received appreciation certificates.

In the final selection, one best speaker was chosen from each of the four clusters—Kindergarten, Grades 1–4, Grades 5–7, and Grades 8–10. These four young orators were given the honour of delivering their speeches on stage during the Independence Day celebration on 15th August 2026.



Vaccination Drive

11 August 2026: Global International Public School, Holagundi participated in a vaccination drive organised by the Government of Karnataka Health Department on Tuesday, 11th August 2026.

As per the guidelines, students of Grade 1 received the DPT vaccine, while students of Grades 4 and 10 were administered the TD vaccine.

What the vaccines protect against:

DPT stands for Diphtheria, Pertussis (Whooping Cough), and Tetanus. This combination vaccine helps protect young children against these three serious bacterial infections that can cause severe illness.

TD stands for Tetanus and Diphtheria. It is a booster vaccine given to older students to maintain protection against tetanus and diphtheria.

The school had earlier issued Parental Consent Forms to ensure the smooth and safe administration of vaccines to eligible students. Parents and guardians were requested to carefully fill, sign, and return the completed forms to the respective class teachers on or before Saturday, 8th August 2026. This measure ensured that every child received the vaccine only with the informed approval of their parents or guardians.

The Principal of Global International Public School, Holagundi, appealed to all parents to

extend their full cooperation by returning the consent forms within the stipulated time. The school remained committed to supporting government health initiatives that protect the well-being of its students.

Through this drive, GIPS continued its efforts to promote preventive healthcare and create a safe, healthy learning environment for every child. 🇮🇳



NATIONAL DEWORM DAY 2026



10 August 2026: National Deworm Day was celebrated with enthusiasm and purpose at Global International Public School, Holagundi on 10 August 2026. In collaboration with the team from the Karnataka Government Primary Health Centre, the school ensured that every student received the essential Albendazole tablets as part of the nationwide initiative to combat soil-transmitted helminth infections among children.

The health centre team visited the campus and systematically distributed the Albendazole tablets to all students. Class teachers then administered the tablets to their respective classes immediately before lunch, ensuring proper supervision and timely intake. The process was conducted

smoothly and efficiently, reflecting the school's commitment to student health and well-being.

National Deworm Day is an important public health programme aimed at reducing the burden of parasitic worm infections that can affect children's nutrition, growth, and learning. By participating actively in this drive, Global International Public School reaffirmed its dedication to the holistic development of its students—nurturing not only academic excellence but also physical health.

The school administration expressed gratitude to the Government Primary Health Centre team for their support and guidance.



80TH INDEPENDENCE DAY

AT GLOBAL INTERNATIONAL PUBLIC SCHOOL, HOLAGUNDI

15 Aug 2026: Global International School (GIPS), Holagundi, celebrated the 80th Independence Day of India with unmatched grandeur, patriotic fervour, and heartfelt enthusiasm on Saturday, 15 August 2026. The programme commenced at 8:30 a.m. and transformed the school campus into a vibrant stage of national pride, unity, and inspiration.

The distinguished gathering was graced by the chief guest, Mr. Channabasayya Charantimath, founder of the Tayiberu Foundation. The occasion was further elevated by the presence of the school's esteemed leadership: Mr. Abdul Rafi Sir, Chairman of GIPS Holagundi; Mr. Nabisaheb, Vice President; Mrs. D Tabasum Managing Director; Mr. Dalayath Kareem Saheb, Administrator; Mr. Mahesh KM, Principal of GIPUC, Mr. Thomas Santosh M, Principal of GIPS; and Mrs. Kinnari Devi Ma'am, Vice Principal of GIPS.

Shri Channabasayya Charantimath, in his captivating and insightful address, demonstrated his experiments on gravitation and shared the art of using a gas cylinder efficiently with minimum consumption during cooking—an invaluable lesson in resource conservation and everyday wisdom. His engaging presentation not only sparked scientific curiosity but also inspired the students to dream big, think innovatively, and contribute meaningfully to the progress of the nation.

In his powerful presidential address, Mr. Abdul Rafi Sir took the students on a stirring journey through the history of India's freedom movement. With eloquence and deep emotion, he highlighted the sacrifices

of our freedom fighters and motivated the young generation to uphold the values of liberty, responsibility, and national service. His inspiring words left a lasting impression on every listener.

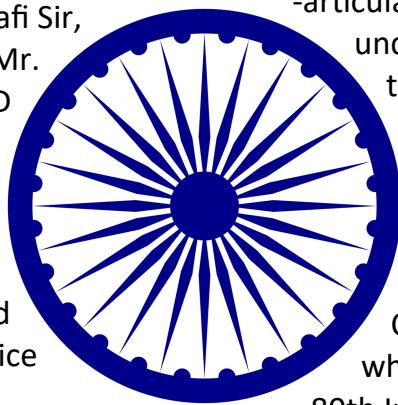
The cultural extravaganza that followed showcased the remarkable talent of the students. KG section children participated in a delightful fancy dress competition, dressed as freedom fighters, national symbols, and patriotic icons, charming the entire audience with their innocence and creativity.

Several students delivered powerful and well-articulated speeches that reflected their understanding of independence and their love for the motherland.

Medals and certificates were awarded to the winning students in the Fancy Dress Competition, Speech Competition, Essay Competition, and Art Competition, which were organised to mark the 80th Independence Day in the school.

The programme reached its crescendo with energetic and graceful patriotic dance performances, through which the students expressed the spirit of unity, sacrifice, and pride in the most artistic manner.

The entire celebration was a magnificent blend of solemnity, inspiration, learning, and cultural brilliance. It successfully instilled in the students a deeper appreciation for the hard-won freedom of our nation, a scientific temperament, and a strong sense of belonging and responsibility. The Independence Day programme at Global International School, Holagundi, will be remembered as a truly grand and meaningful observance that filled every heart with pride and patriotism.



Puppet Show for Activity-Based Learning

22 August 2026: The Kindergarten Section of Global International Public School, Holagundi, came alive with colour, laughter, and learning on Saturday, 22 August 2026, as young learners participated in a lively puppet show designed as an activity-based learning experience.



The event, organised by the kindergarten faculty, aimed to make early education more interactive and joyful. Through colourful hand puppets and simple storytelling, teachers introduced foundational concepts such as friendship, sharing, good manners, and basic environmental awareness in a way that captured the children's attention and imagination.



Tiny tots watched with wide-eyed excitement as the puppets “spoke,” danced, and acted out short stories. Many children later joined in by creating their own simple dialogues and movements with the puppets, turning the session into a hands-on learning activity. Teachers guided the little ones to express feelings, practice listening skills, and

develop confidence in speaking — all while having fun.

The successful event reaffirmed Global International Public School, Holagundi's commitment to making the early years of schooling joyful, meaningful, and developmentally appropriate. The school looks forward to organising more such interactive experiences for its youngest learners in the coming months.

GIPS Kindergarten Celebrates Friendship Day and Raksha Bandhan

29 August 2026: The Kindergarten Section of Global International Public School, Holagundi, joyfully celebrated Friendship Day and Raksha Bandhan on Saturday, 29 August 2026. The special occasion brought smiles, creativity, and a spirit of bonding among the young learners.

Teachers guided the children in making colourful handmade Friendship Bands and traditional Rakhis. With careful hands and excited faces, the little students crafted their own tokens of friendship and sibling affection using simple materials. The activity helped the children understand the values of care, protection, and lasting bonds that these festivals represent.



The classrooms buzzed with cheerful chatter and laughter as the students proudly displayed their creations. Teachers encouraged each child, turning the session into both a fun craft activity and a meaningful lesson in sharing and togetherness. The celebration reflected the school's commitment to nurturing cultural awareness and social values from an early age.

ಶುಚಿತ್ವವೇ ಉತ್ತಮ ಆರೋಗ್ಯದ ಗುಟ್ಟು

29 August 2026: 'Maintain hygiene' ಈ ಒಂದು ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಮುಖ್ಯ ಅತಿಥಿಗಳಾಗಿ ಸಮುದಾಯ ಆರೋಗ್ಯ ಅಧಿಕಾರಿಗಳಾದ ಎಂ. ಗೋಪಾಲ್ ಮತ್ತು ಪ್ರಾಥಮಿಕ ಆರೋಗ್ಯ ಕೇಂದ್ರದ ಸಹಾಯಕರಾದ ಶ್ರೀಮತಿ ಲಕ್ಷ್ಮಿ ಇವರು ಭಾಗವಹಿಸಿದ್ದರು. ಮುಖ್ಯ ಅತಿಥಿಗಳಾದ ಶ್ರೀ ಎಂ. ಗೋಪಾಲ್ ರವರು ವೈಯಕ್ತಿಕ ನೈರ್ಮಲ್ಯವನ್ನು ಹೇಗೆ ಕಾಪಾಡಿಕೊಳ್ಳಬೇಕು ಹಾಗೂ ಋತುಚಕ್ರ ಸಂದರ್ಭದಲ್ಲಿ ಹಿಂದಿನ ಕಾಲದಲ್ಲಿದ್ದ ಪದ್ಧತಿಗಳನ್ನು ವಿವರಿಸಿ ಋತುಚಕ್ರ ಒಂದು ಸಹಜ ಪ್ರಕ್ರಿಯೆ. 9 ರಿಂದ 16ನೇ ವಯಸ್ಸಿನವರೆಗೆ ಆಗುವ ಋತುಚಕ್ರ, ಹಾರ್ಮೋನ್ ಗಳಿಂದ ಆಗುವ ಪ್ರಕ್ರಿಯೆ ಕಾಪಾಡಿಕೊಳ್ಳಬೇಕಾದ ಮಾರ್ಗಗಳು

ಸ್ವಚ್ಛತೆಯನ್ನು ಕಾಪಾಡಿಕೊಳ್ಳದಿದ್ದರೆ ಆಗುವಂತಹ ಅನಾನುಕೂಲಗಳು, ರೋಗಗಳ ಲಕ್ಷಣಗಳು, ರೋಗಗಳಿಂದ ಕಾಪಾಡಿಕೊಳ್ಳಲು ಅನುಸರಿಸಬೇಕಾದ ಮಾರ್ಗಗಳು, ಋತುಚಕ್ರದ ಸಮಯದಲ್ಲಿ ಶಾಲೆಗಳಲ್ಲಿ ಮತ್ತು ಮನೆಯಲ್ಲಿ ಹೇಗೆ ಮುಕ್ತ ವಾತಾವರಣವನ್ನು ನಿರ್ಮಿಸಬೇಕು ಈ ಸಂದರ್ಭದಲ್ಲಿ ಸ್ಯಾನಿಟರಿ ಪ್ಯಾಡ್ ಗಳನ್ನು ಬಳಸಬೇಕು ಜೊತೆಗೆ ಪರಿಸರ ಸ್ನೇಹಿ ಉತ್ಪನ್ನಗಳನ್ನು ಬಳಸಿ ಹೇಗೆ ವಿಲೇವಾರಿ ಮಾಡಬೇಕು ಎಂಬುದನ್ನು ತಿಳಿಸಿದರು. ದೈಹಿಕವಾಗಿ, ಮಾನಸಿಕವಾಗಿ ಆರೋಗ್ಯವನ್ನು ಹೇಗೆ ಕಾಪಾಡಿಕೊಳ್ಳಬೇಕು ಎಂದು ತಿಳಿಸಿದರು. ಜೊತೆಗೆ ಕೆಲವೊಂದು ದೃಶ್ಯಗಳನ್ನು ತೋರಿಸುವುದರ ಮೂಲಕ ಋತುಚಕ್ರ ಸಂದರ್ಭದಲ್ಲಿ ವೈಯಕ್ತಿಕ ಸ್ವಚ್ಛತೆಯನ್ನು ಹೇಗೆ ಕಾಪಾಡಿಕೊಳ್ಳಬೇಕು ಎಂಬುದನ್ನು ವಿವರಿಸಿದರು.

ಮತ್ತೊಬ್ಬ ಅತಿಥಿಗಳಾದ ಶ್ರೀಮತಿ ಲಕ್ಷ್ಮಿ ರವರು ಋತುಚಕ್ರ ಸಂದರ್ಭದಲ್ಲಿ ಬಳಸುವ ಉತ್ಪನ್ನಗಳನ್ನು ವಿವರಿಸಿ ವೈಯಕ್ತಿಕ ಸ್ವಚ್ಛತೆಯನ್ನು ಹೇಗೆ ಕಾಪಾಡಿಕೊಳ್ಳಬೇಕು ಜೊತೆಗೆ ಮಾನಸಿಕವಾಗಿ, ದೈಹಿಕವಾಗಿ ಆರೋಗ್ಯವಂತರಾಗಿರಲು ಸೊಪ್ಪು, ತರಕಾರಿ, ಕಾಳು ಕಬ್ಬಿಣಾಂಶ ಗಳನ್ನು ಒಳಗೊಂಡ ಆಹಾರ ಪದಾರ್ಥಗಳನ್ನು ಈ ಸಂದರ್ಭದಲ್ಲಿ ಸ್ವೀಕರಿಸಬೇಕು ಜೊತೆಗೆ ಹೆಚ್ಚಿನ ವಿಶ್ರಾಂತಿಯ ಅಗತ್ಯತೆ ಇದೆ ಎಂದು ತಿಳಿಸಿದರು.



ಸ್ವಾತಂತ್ರ್ಯ - ತ್ಯಾಗದ ಫಲ ನಮ್ಮ ಜವಾಬ್ದಾರಿಯ ಬಲ



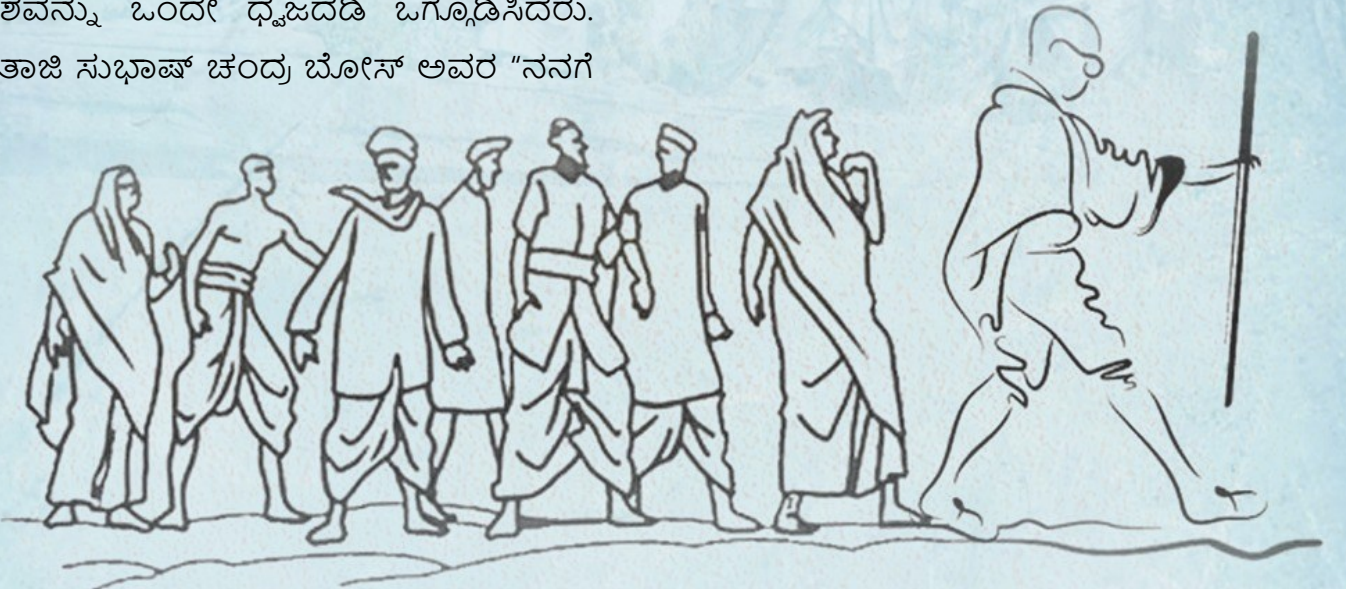
"ಸ್ವಾತಂತ್ರ್ಯವನ್ನು ಗಳಿಸುವುದು ಮಹತ್ತರ ಸಾಧನೆ;
ಅದನ್ನು ಕಾಪಾಡುವುದು ಅದಕ್ಕಿಂತಲೂ ದೊಡ್ಡ
ಜವಾಬ್ದಾರಿ."

ಆಗಸ್ಟ್ 15 ಎಂಬ ದಿನಾಂಕವು ಭಾರತದ
ಪ್ರತಿಯೊಬ್ಬ ನಾಗರಿಕನ ಮನದಲ್ಲಿ ಹೆಮ್ಮೆ,
ಕೃತಜ್ಞತೆ ಮತ್ತು ದೇಶಭಕ್ತಿಯ ಭಾವನೆಗಳನ್ನು
ಮೂಡಿಸುತ್ತದೆ. ಇದು ಕೇವಲ ಒಂದು ರಾಷ್ಟ್ರೀಯ
ಹಬ್ಬವಲ್ಲ; ಲಕ್ಷಾಂತರ ಭಾರತೀಯರ ಕನಸು,
ತ್ಯಾಗ, ಹೋರಾಟ ಮತ್ತು ಬಲಿದಾನದ ನೆನಪನ್ನು
ಜೀವಂತವಾಗಿರಿಸುವ ಪವಿತ್ರ ದಿನವಾಗಿದೆ. 1947ರ
ಆಗಸ್ಟ್ 15ರಂದು ಭಾರತವು ಸುಮಾರು ಎರಡು
ಶತಮಾನಗಳ ಬ್ರಿಟಿಷರ ಆಳ್ವಿಕೆಯಿಂದ ಮುಕ್ತಿ
ಪಡೆದು ಸ್ವತಂತ್ರ ರಾಷ್ಟ್ರವಾಗಿ ವಿಶ್ವದ ಮುಂದೆ
ಹೆಮ್ಮೆಯಿಂದ ತಲೆ ಎತ್ತಿತು.

ಈ ಸ್ವಾತಂತ್ರ್ಯ ನಮಗೆ ಸುಲಭವಾಗಿ ದೊರೆತಿಲ್ಲ.
ಇದರ ಹಿಂದೆ ಅನೇಕ ವೀರರ ಬೆವರು, ಕಣ್ಣೀರು
ಮತ್ತು ರಕ್ತದ ಕಥೆಗಳಿವೆ. ಮಹಾತ್ಮ ಗಾಂಧೀಜಿ ಸತ್ಯ
ಮತ್ತು ಅಹಿಂಸೆಯ ಮಾರ್ಗವನ್ನು ತೋರಿಸಿ
ದೇಶವನ್ನು ಒಂದೇ ಧ್ವಜದಡಿ ಒಗ್ಗೂಡಿಸಿದರು.
ನೇತಾಜಿ ಸುಭಾಷ್ ಚಂದ್ರ ಬೋಸ್ ಅವರ "ನನಗೆ

ನಿಮ್ಮ ರಕ್ತ ಕೊಡಿ, ನಾನು ನಿಮಗೆ ಸ್ವಾತಂತ್ರ್ಯ
ಕೊಡುತ್ತೇನೆ" ಎಂಬ ಘೋಷಣೆ ಲಕ್ಷಾಂತರ
ಯುವಕರಲ್ಲಿ ದೇಶಪ್ರೇಮದ ಜ್ವಾಲೆಯನ್ನು
ಹೊತ್ತಿಸಿತು. ಭಗತ್ ಸಿಂಗ್, ಸುಖದೇವ್ ಮತ್ತು
ರಾಜಗುರು ತಮ್ಮ ಯೌವನವನ್ನೇ ದೇಶಕ್ಕಾಗಿ
ಅರ್ಪಿಸಿ ದೇಶಭಕ್ತಿಯ ಶಾಶ್ವತ ಸಂಕೇತಗಳಾದರು.
ಚಂದ್ರಶೇಖರ ಆಜಾದ್, ಸರ್ದಾರ್ ವಲ್ಲಭಭಾಯಿ
ಪಟೇಲ್, ಡಾ. ಬಿ. ಆರ್. ಅಂಬೇಡ್ಕರ್,
ಬಾಲಗಂಗಾಧರ ತಿಲಕ್, ಲಾಲಾ ಲಜಪತ್ ರಾಯ್
ಸೇರಿದಂತೆ ಅನೇಕ ಮಹನೀಯರ ಕೊಡುಗೆ ನಮ್ಮ
ಸ್ವಾತಂತ್ರ್ಯದ ಇತಿಹಾಸವನ್ನು ಚಿರಸ್ಥಾಯಿಯಾಗಿ
ಗಿಸಿದೆ.

ಸ್ವಾತಂತ್ರ್ಯ ಹೋರಾಟದಲ್ಲಿ ಕರ್ನಾಟಕದ
ಕೊಡುಗೆಯೂ ಅಪಾರವಾಗಿದೆ. ಕಿತ್ತೂರು ರಾಣಿ
ಚೆನ್ನಮ್ಮ, ಸಂಗೊಳ್ಳಿ ರಾಯಣ್ಣ, ಕರ್ಣಾಡ್
ಸದಾಶಿವರಾವ್, ಹಾರ್ಡೇಕರ್ ಮಂಜಪ್ಪ
ಮೊದಲಾದ ವೀರರು ದೇಶಪ್ರೇಮ ಮತ್ತು
ಸ್ವಾಭಿಮಾನದ ದೀಪವನ್ನು ಬೆಳಗಿದರು. ಅವರ



ಧೈರ್ಯ ಮತ್ತು ತ್ಯಾಗ ಇಂದಿಗೂ ಪ್ರತಿಯೊಬ್ಬ
ಭಾರತೀಯನಿಗೆ ಸ್ಫೂರ್ತಿಯಾಗಿದೆ. ಸ್ವಾತಂತ್ರ್ಯ
ಎಂದರೆ ಕೇವಲ ಪರಕೀಯರ ಆಡಳಿತದಿಂದ
ಮುಕ್ತಿಯಾಗುವುದಲ್ಲ. ಬದಲಾಗಿ ಅದು ನಮ್ಮ
ಹಕ್ಕುಗಳ ಜೊತೆಗೆ ಕರ್ತವ್ಯಗಳನ್ನೂ ನೆನಪಿಸುವ
ಅಮೂಲ್ಯ ಹೊಣೆಗಾರಿಕೆ. ದೇಶವನ್ನು
ಪ್ರೀತಿಸುವುದು ಎಂದರೆ
ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ಗೌರವ
ನೀಡುವುದು,
ಸಂವಿಧಾನವನ್ನು
ಪಾಲಿಸುವುದು,
ಸಾರ್ವಜನಿಕ
ಆಸ್ತಿಯನ್ನು
ಕಾಪಾಡುವುದು,
ಪರಿಸರವನ್ನು
ಸಂರಕ್ಷಿಸುವುದು,
ಸಮಾಜದಲ್ಲಿ

ಸೌಹಾರ್ದತೆಯನ್ನು ಬೆಳೆಸುವುದು ಹಾಗೂ
ಪ್ರಾಮಾಣಿಕವಾಗಿ ಬದುಕುವುದು. ದೇಶದ
ಪ್ರಗತಿಯಲ್ಲಿ ಪ್ರತಿಯೊಬ್ಬ ನಾಗರಿಕನ ಪಾತ್ರ
ಅತ್ಯಂತ ಮಹತ್ವದ್ದಾಗಿದೆ.
ವಿದ್ಯಾರ್ಥಿಗಳು ದೇಶದ ಭವಿಷ್ಯದ
ನಿರ್ಮಾತೃಗಳು. ಉತ್ತಮ ಶಿಕ್ಷಣ, ಉತ್ತಮ ಚಿಂತನೆ,
ಶಿಸ್ತು, ಪರಿಶ್ರಮ ಮತ್ತು ಮಾನವೀಯ
ಮೌಲ್ಯಗಳನ್ನು ಅಳವಡಿಸಿಕೊಂಡಾಗ ಮಾತ್ರ
ಭಾರತವು ಇನ್ನಷ್ಟು ಬಲಿಷ್ಠ ರಾಷ್ಟ್ರವಾಗುತ್ತದೆ.
ನಮ್ಮ ಪ್ರತಿಯೊಂದು ಉತ್ತಮ ಕಾರ್ಯವೂ
ರಾಷ್ಟ್ರಸೇವೆಯ ಒಂದು ಹೆಜ್ಜೆಯಾಗುತ್ತದೆ.

ವಿಜ್ಞಾನ, ಶಿಕ್ಷಣ, ಕೃಷಿ, ಕ್ರೀಡೆ, ತಂತ್ರಜ್ಞಾನ,
ವೈದ್ಯಕೀಯ ಅಥವಾ ಯಾವುದೇ ಕ್ಷೇತ್ರದಲ್ಲಿ
ನಾವು ಸಾಧಿಸುವ ಪ್ರತಿಯೊಂದು ಯಶಸ್ಸು
ಭಾರತದ ಕೀರ್ತಿಯನ್ನು ವಿಶ್ವದಾದ್ಯಂತ
ಹೆಚ್ಚಿಸುತ್ತದೆ.

ಈ ಸ್ವಾತಂತ್ರ್ಯ ದಿನಾಚರಣೆಯ ಸಂದರ್ಭದಲ್ಲಿ
ನಾವು ಸ್ವಾತಂತ್ರ್ಯಕ್ಕಾಗಿ ಹೋರಾಡಿದ ಎಲ್ಲ
ಮಹನೀಯರಿಗೆ ಕೃತಜ್ಞತೆಯಿಂದ ನಮನ
ಸಲ್ಲಿಸೋಣ. ಅವರ ಆದರ್ಶಗಳನ್ನು ನಮ್ಮ
ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಂಡು ಪ್ರಾಮಾಣಿಕತೆ,
ಸೇವಾ ಮನೋಭಾವ,
ಶಿಸ್ತು, ಸಹಿಷ್ಣುತೆ ಮತ್ತು
ದೇಶಪ್ರೇಮವನ್ನು
ಬೆಳೆಸುವ ಸಂಕಲ್ಪ
ಮಾಡೋಣ. ನಮ್ಮ
ಭಾರತವನ್ನು ಇನ್ನಷ್ಟು
ಶಾಂತಿಯುತ, ಸಮೃದ್ಧ,
ಸ್ವಚ್ಛ, ಶಿಕ್ಷಣವಂತ ಮತ್ತು
ವಿಶ್ವಕ್ಕೆ ಮಾದರಿಯಾದ
ರಾಷ್ಟ್ರವನ್ನಾಗಿ ರೂಪಿಸುವ
ಹೊಣೆಗಾರಿಕೆ ನಮ್ಮೆಲ್ಲರದು.

"ಸ್ವಾತಂತ್ರ್ಯ ನಮ್ಮ ಹಕ್ಕು, ಅದನ್ನು
ಕಾಪಾಡುವುದು ನಮ್ಮ ಕರ್ತವ್ಯ!" "ದೇಶಪ್ರೇಮವೇ
ನಿಜವಾದ ಧರ್ಮ, ಸೇವೆಯೇ ನಿಜವಾದ ಕರ್ಮ!"

"ದೇಶ ನಮಗೆ ಏನು ಕೊಟ್ಟಿದೆ ಎಂದು
ಕೇಳುವುದಕ್ಕಿಂತ, ನಾವು ದೇಶಕ್ಕೆ ಏನು
ಕೊಟ್ಟಿದ್ದೇವೆ ಎಂದು ಪ್ರತಿಯೊಬ್ಬರೂ ತಮ್ಮನ್ನು
ತಾವು ಪ್ರಶ್ನಿಸಿಕೊಳ್ಳುವ ದಿನವೇ ನಿಜವಾದ
ಸ್ವಾತಂತ್ರ್ಯದ ಅರ್ಥವನ್ನು ಅರಿತ ದಿನ."

ಜೈ ಹಿಂದ್...! ಜೈ ಭಾರತ...!



Alam Kalari
Holagundi



Opinion

WE @GIPS

Dear parents,

What if you had a simple tool that could dramatically boost your child's chances of thriving in school? Would you use it without hesitation?

A genuine partnership between parents and teachers is exactly that tool. Here's why it matters and how it can transform your child's educational journey.

Think of education as a garden and every student as a young plant full of promise. Teachers act as skilled gardeners—carefully tending each child, building skills, guiding growth, and helping them navigate obstacles. Yet even the finest gardeners cannot succeed alone. Parents supply the essential sunlight and water: the warmth, encouragement, and daily

nourishment at home that allow children not merely to survive but to flourish.

At Global International Public School, recognised as one of the leading CBSE schools in Holagundi, we believe a strong parent-school partnership is not optional—it is fundamental to student success. Research shows that children whose parents actively participate in their education are far more likely to develop a lifelong love of learning, a trait strongly linked to long-term achievement.

Parental Involvement vs. Parental Engagement

Parental involvement means parents take an active part in school life and support learning at home. This includes:

- ❑ Reading or studying together
- ❑ Assisting with homework
- ❑ Discussing the school day
- ❑ Attending meetings and events
- ❑ Volunteering in the classroom

In this model, teachers lead the learning process while parents provide valuable support.

Parental engagement goes further. It is a true partnership in which parents and the school collaborate as equals. Parents are



invited to share ideas, contribute to school decisions, and help shape their child's learning experience.

When involvement and engagement work hand in hand, children benefit from both the expertise of teachers and the unique insights and encouragement of parents—creating the strongest possible foundation for success.

6 Practical Ways Parents Can Support Their Child's Education

1. Establish clear home routines that prioritise homework, reading, and adequate sleep.
2. Talk every day about school and your child's experiences.
3. Read together for 10–20 minutes daily to foster a genuine love of books.
4. Maintain regular contact with teachers through calls, messages, or meetings.
5. Attend school events, parent–teacher conferences, and orientation evenings.
6. Use everyday moments—car rides or mealtimes—to chat about school activities and build connection.



The Power of Working Together

The saying “It takes a village to raise a child” captures the shared responsibility of nurturing young minds. Consistent research demonstrates that active parental involvement leads to stronger academic results, higher grades, better attendance, and greater motivation. Students with engaged parents tend to develop effective study habits, sharper critical-thinking skills, and a curiosity that reaches far beyond the classroom.

At Global, we actively invite parents into this collaborative process. Through regular classroom updates and practical workshops that equip families to support learning at home, we ensure parents feel confident and empowered in their role.

Collaboration also strengthens emotional and social growth. Open, ongoing communication between teachers and parents helps children feel secure and valued. As a result, they often show greater self-esteem, resilience, and emotional control, along with more empathy, stronger peer relationships, and fewer behavioural challenges.

(Continued in page no. 17)



THE ANECDOTE ARCHIVES

PEOPLE

WHO CREATE THEIR OWN

After Independence, when Pandit Jawaharlal Nehru became the Prime Minister.

A woman approached Nehru.

She, unexpectedly, caught his collar and asked.

"They say, India got Freedom. You became Prime Minister. And what did I get?"

Before the stunned crowd, Nehru replied with his characteristic aplomb.

"You got the courage and confidence to hold the collar of the Prime Minister of the country, and question him." 🇮🇳



Continued from page: 16

Think of education as a garden and every student as a young plant full of promise.

Key Takeaways

- ❑ Strong parent–school partnerships are dynamic and deliver lasting benefits for student success.
- ❑ Both schools and families share responsibility for a child's overall development.

- ❑ Engaged parents help children build confidence, responsibility, and a genuine enthusiasm for learning.
- ❑ Children who receive active parental support typically perform better academically, regulate their emotions more effectively, and display positive behavioural patterns.
- ❑ At Global International School, we are committed to nurturing these partnerships so every child can thrive—academically, socially, and emotionally.

When parents and schools work together, children do more than succeed—they truly flourish.

Developing Secure Attachment:

Building a Foundation for Emotional Safety and Lifelong Resilience

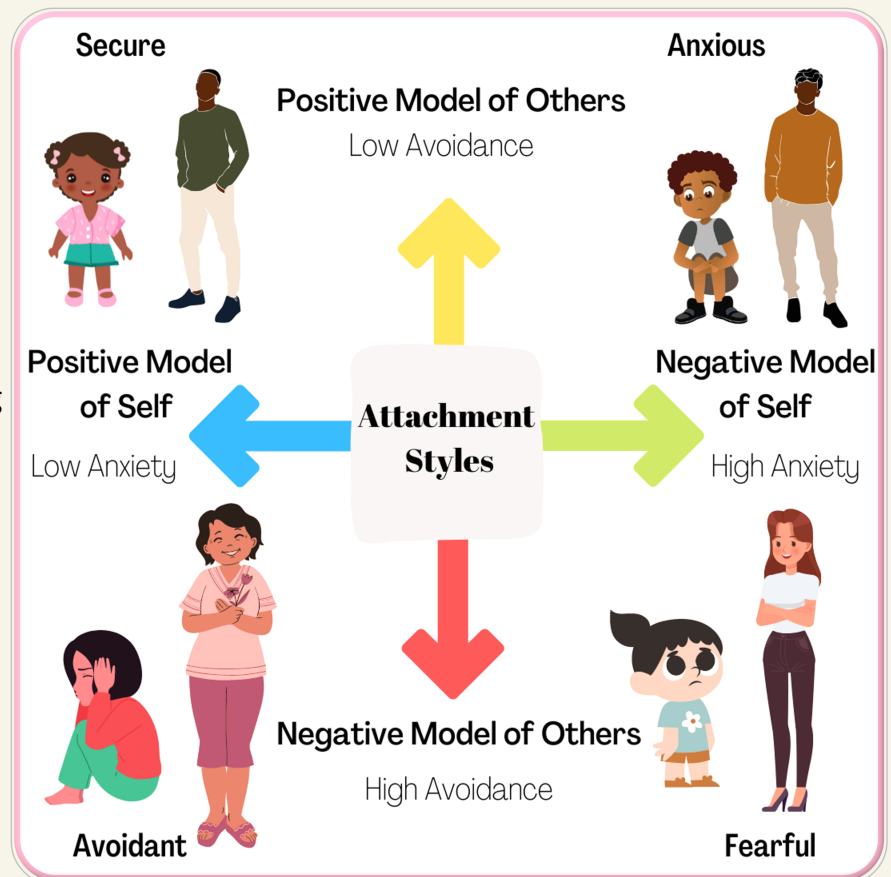
Developing secure attachment is the active process of building a safe, reliable emotional bond between a child and their caregiver. Rather than being merely a state of being, it represents the deliberate, everyday practice of tuning into a child's emotional needs, responding with consistent care, and creating an environment where the child feels safe to express themselves and explore the world.

How Secure Attachment Develops

Secure attachment is not innate; it is cultivated through consistent, attuned caregiving during infancy and early childhood. Through thousands of daily micro-interactions—such as eye contact, gentle touch, soothing words, and timely feeding—the child's brain wires itself to trust others and to self-regulate emotions.

Key elements that foster this development include:

- **Consistent Responsiveness:** When an infant cries or shows distress and a caregiver promptly and warmly responds, the child learns that their



communication works and that help is available.

- **Emotional Attunement:** Caregivers mirror the child's emotional state—soothing them when overwhelmed and celebrating with them when excited. This helps the child feel understood and valued.

Safe Haven and Secure Base

The caregiver acts as a "safe haven" to

return to during distress and a "secure base" from which the child feels empowered to explore their environment.



BE EMOTIONALLY AVAILABLE

Respond consistently to your child's emotional and physical needs.

Main Intention of Developing Secure Attachment

The primary intention is to provide a child with a “secure base” and a “safe haven” so they can grow up with the emotional safety needed to explore the world, build confidence, and manage life’s stresses.

PRACTICE ACTIVE LISTENING

Pay attention to your child’s thoughts and feelings without judgment.



psychological foundation that carries into adulthood. This foundation enables healthy boundaries, deeper relationships, and lower vulnerability to anxiety and trauma later in life.

ENCOURAGE INDEPENDENCE

Provide a secure base while allowing your child to explore.



Secure attachment equips children with the inner resources to face challenges with confidence, form

meaningful connections, and navigate the complexities of adult life with greater emotional strength.

Primary Intentions

- Internal safety and self-worth
- Emotional self-regulation
- Relational trust
- Healthy independence

Long-Term Goal

Ultimately, the main intention is to lay a resilient

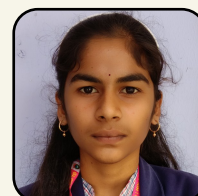
SPEND QUALITY TIME

Engage in one-on-one activities to strengthen your bond.



Sources

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2. Ainsworth, M. D. S., Blehar, M. C., Waters, E., & Wall, S. (1978). *Patterns of Attachment: A Psychological Study of the Strange Situation*. Lawrence Erlbaum.
3. Simply Psychology – Articles on Mary Ainsworth, Attachment Styles, and the Secure Base concept (based on Ainsworth’s and Bowlby’s work).
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Compiled by 
H. Prarthana
Grade 8 | Jasmine

ನನ್ನ ತಂದೆ

ನನ್ನ ತಂದೆ ನನ್ನ ಹೆಮ್ಮೆ
ನನ್ನ ಬದುಕಿನ ದೀಪ
ಮಳೆ ಬಿಸಿಲು ಲೆಕ್ಕಿಸದೆ
ನಮಗಾಗಿ ದುಡಿಯುವ ರೂಪ |೧|

ಕಷ್ಟ ಬಂದಾಗ ಧೈರ್ಯ ಹೇಳುವ
ತಪ್ಪಾದಾಗ ದಾರಿ ತೋರಿಸುವ
ಮಗಳೇ ಸೋಲಬೇಡ ಎಂದು
ಬೆನ್ನಿಗೆ ನಿಲ್ಲುವ ನನ್ನ ಬಂಧು |೨|

ಅವರ ಬೆವರಿನ ಹಣದಿಂದ
ನನ್ನ ಶಾಲೆ ಪುಸ್ತಕ, ಬಟ್ಟೆ
ತಂದೆಯ ತ್ಯಾಗಕ್ಕೆ ಬೆಲೆಯಿಲ್ಲ
ಅವರೇ ನನ್ನ ಜೀವನದ ಕೋಟಿ |೩|

ಅಪ್ಪ ನಿಮಗೆ ನನ್ನ ನಮನ ದೊಡ್ಡವಳಾಗಿ ಹೆಸರು
ತರುವೆ.

ನನ್ನ ತಂದೆ ನನಗೆ ಸ್ಪೂರ್ತಿ

ನನ್ನ ಜೀವನಕ್ಕೆ ಪ್ರೇರಣೆ ನೀಡಿದ ವ್ಯಕ್ತಿ ಯಾರು
ಎಂದರೆ ಅದು ನನ್ನ ತಂದೆ. ತಂದೆ ಕುಟುಂಬದ ರಕ್ಷಕ
ಅವರು ಮಳೆ ಬಿಸಿಲು ಲೆಕ್ಕಿಸದೆ ನಮಗಾಗಿ
ಕಷ್ಟಪಟ್ಟು ದುಡಿಯುತ್ತಾರೆ.

ನನ್ನ ತಂದೆಯಿಂದ ನಾನು ಕಲಿತ ಮೂರು
ಮುಖ್ಯ ಪಾಠಗಳು :

೧. ಶಿಸ್ತು: ಸಮಯಕ್ಕೆ ಬೆಲೆ ಕೊಡುವುದು.

೨. ಪ್ರಾಮಾಣಿಕತೆ: ಯಾವಾಗಲೂ ಸತ್ಯದ
ದಾರಿಯಲ್ಲಿ ನಡೆಯುವುದು .

೩. ಧೈರ್ಯ: ಕಷ್ಟ ಬಂದಾಗಲೂ ನಗುತ್ತಾ
ಎದುರಿಸುವುದು.

ನಾನು ಪರೀಕ್ಷೆಯಲ್ಲಿ ಕಡಿಮೆ ಅಂಕ
ತೆಗೆದುಕೊಂಡಾಗ ಅವರು ಬೈಯುವುದಿಲ್ಲ
ಬದಲಾಗಿ ಮಗಳೇ ಮುಂದಿನ ಸಲ ಇನ್ನೂ ಚೆನ್ನಾಗಿ
ಮಾಡು ಎಂದು ಹೇಳುತ್ತಾರೆ. ಅವರ ತ್ಯಾಗವೇ ನನಗೆ
ಮುಂದೆ ಹೋಗಲು ಶಕ್ತಿ .ತಂದೆ ಇಲ್ಲದೆ ಮನೆಯ
ಮೇಲ್ವಾರಣಿ ಇಲ್ಲ. ನಾನು ದೊಡ್ಡವಳಾಗಿ ತಂದೆಗೆ
ಹೆಮ್ಮೆ ತರುವಂತಳಾಗುತ್ತೇನೆ. ಅಮ್ಮ ತನ್ನ ಎಲ್ಲಾ
ನೋವುಗಳನ್ನು ಹೇಳಿಕೊಳ್ಳುತ್ತಾರೆ ಆದರೆ ನನ್ನ
ಅಪ್ಪ ನೋವುಗಳನ್ನು ಸಹಿಸಿಕೊಳ್ಳುತ್ತಾರೆ ತಂದೆ,
ನೀವು ನನ್ನ ದೇವರು ನೀವೇ ನನಗೆ ಸ್ಪೂರ್ತಿ.



ಜ ಖುಷಿ ಪೂಜಾರ್

6ನೇ ತರಗತಿ | ಡೈನಿ



Introduction:

I used to think math was the hardest subject. Whenever I saw big sums, I would get nervous. But slowly I understood that math is not hard. We just get scared because we don't know how to look at it. Actually, we all use math every single day without even realising it.

Explanation:

The first thing I learned is: don't just chase formulas. In school we simply memorise formulas like a^2+b^2 by heart. But if we ask "why this formula?", it becomes easy to remember. For example, when my mom cuts a roti into 4 pieces to share, that is a fraction.

Diagram Label:

Roti divided into 4 pieces. We immediately say $\frac{1}{4}$; we don't need to memorise it.

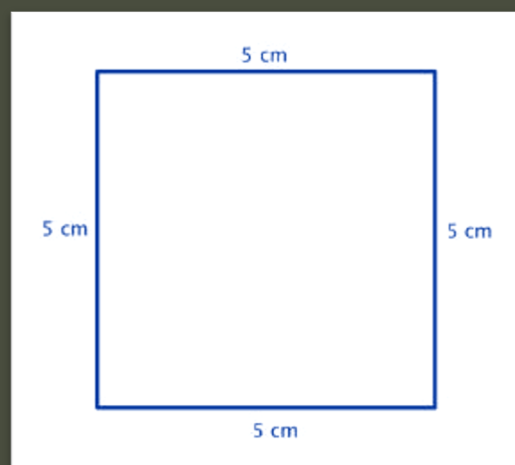


To find the perimeter:

Almost all students waste time by adding the same number repeatedly, like $5+5+5+5=20$. Instead, simply do $5 \times 4 = 20$.

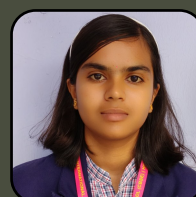
Diagram Label:

5 cm on all four sides of a square.

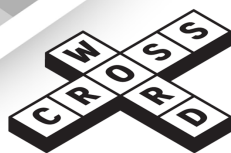


Conclusion:

Math is not hard. It is a part of our daily life. We use math while playing and cooking. If we practise a little every day and stop fearing it, math becomes our friend. So, mathematics really becomes easy when we understand it.



 **Ananya**
Grade 9 | Jasmine



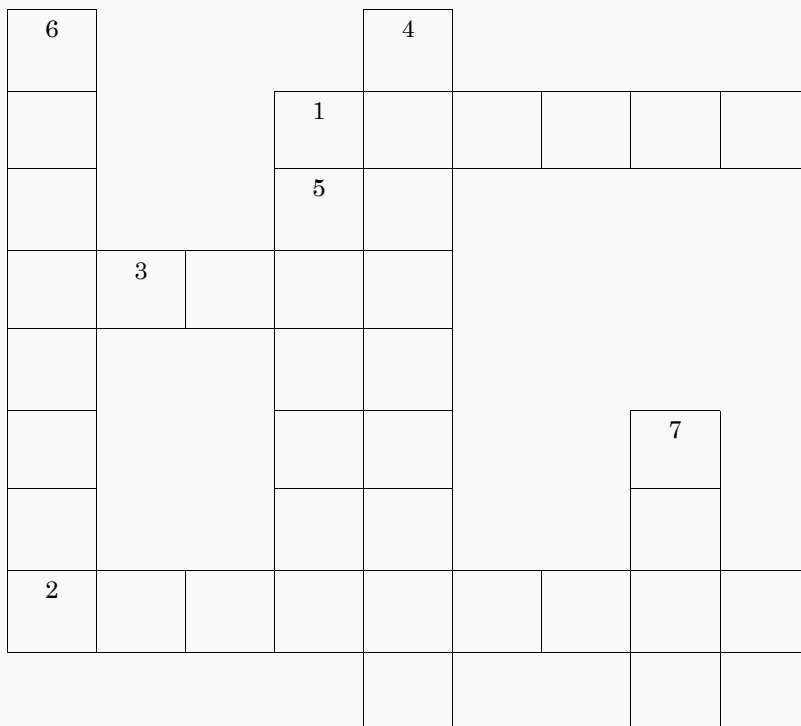
THINK Play Smart SHARP

Cross

1. A feeling children need to develop trust. (6 Letters)
2. Giving attention when someone is speaking. (9 Letters)
3. Showing kindness and concern for a child. (4 Letters)

Down

4. A person who looks after a child. (9 Letters)
5. A strong feeling of confidence in someone. (5 Letters)
6. Helping a child when they need you. (7 Letters)
7. A close emotional connection between people. (4 Letters)



GK CORNER

1. What quality means understanding a child's feelings?
2. What do children often seek when they are upset?
3. What quality makes caregiving predictable?
4. What means responding sensitively to a child's needs?
5. What do caregivers provide when children need help?

WE BECOME WHAT WE
THINK
ABOUT

Earl Nightingale

Quote of the Month

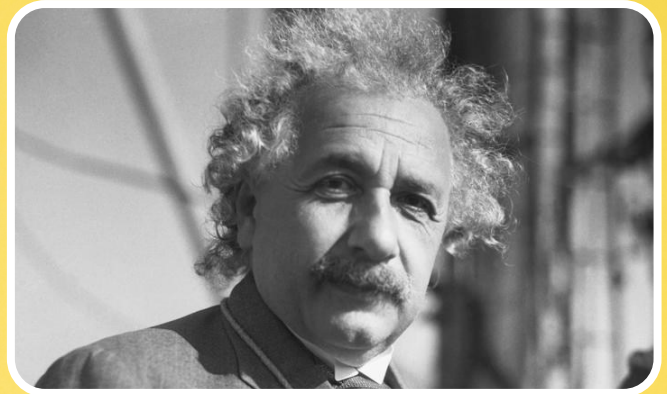
We can't solve problems using the same thinking we used when we created them.

The quote highlights Einstein's belief that problems cannot be solved with the same mindset that created them. It stresses the need for fresh thinking, creativity and a shift in perspective when dealing with challenges. Instead of repeating old methods, it encourages people to question assumptions and approach situations differently. This idea reflects Einstein's broader philosophy that true progress comes from innovative and independent thought.

UNDERSTANDING THE QUOTE

This quote reflects Einstein's lifelong emphasis on imagination over rigid thinking. He believed that progress in science and society requires questioning existing assumptions rather than repeating old methods. In his view, true solutions demand a shift in mindset, where creativity and curiosity lead the way.

This quote highlights that if a problem was created by a certain way of thinking, it cannot be fixed using that same approach. It encourages stepping away from old habits and looking at situations with a fresh mindset. Einstein is essentially pointing out that real solutions require a change in perspective, not repetition of the past. It underlines the importance of innovation and flexible thinking in solving challenges.



ABOUT ALBERT EINSTEIN

Albert Einstein, one of the most influential physicists in modern science, is widely credited with the quote, "We can't solve problems by using the same kind of thinking we used when we created them." Although variations of this line appear across speeches and writings attributed to him, historians note that the exact wording is not found in his original published works. However, the idea closely reflects his consistent belief in creative, independent thinking as a driver of scientific and human progress in his broader philosophical outlook across science and life.

Born on March 14, 1879 in Ulm, Germany, Albert Einstein grew into a theoretical physicist whose work reshaped modern understanding of space, time and energy. He later became a Swiss and then American citizen, spending his final years in Princeton, New Jersey.

He died on April 18, 1955. Einstein is best known for developing the theory of relativity and the equation $E = mc^2$, which transformed physics and remains central to scientific study today still. (Source: www.msn.com)

ಸ್ವಾಮಿ ವಿವೇಕನ ನೆನೆದು



ಬನ್ನಿ ಗೆಲೆಯರೇ, ಬನ್ನಿ ಗೆಲತಿಯರೇ
ಭಾವ ಲಹರಿಯನು ಹರಿಸೋಣ
ಸ್ವಾಮಿ ವಿವೇಕನ ಸ್ವಾಸ್ಥ್ಯ ಸಮಾಜದ
ಕಲ್ಪನೆಯನ್ನು ಕಟ್ಟೋಣ

ಜಾತಿ ಮತಗಳ ಪಂಜರದಿಂದ ಸ್ವತಂತ್ರ
ಬಾನಿಗೆ ಹಾರೋಣ
ಜಾತಿ ಇಲ್ಲದ, ಭೀತಿ ಇಲ್ಲದ ಹೊಸ
ನಾಡನು ನಾವು ಕಟ್ಟೋಣ

ಹಲೆಯ ಗಂಗೆಯಲಿ ಮೀಯಲೇಕೆ?
ಮತ್ತೆ ಪವಿತ್ರ ಗಂಗೆಯ ತರಿಸೋಣ
ದೇಶದಾಚೆಗೆ ಭಾಷೆಯಾಚೆಗೆ
ನಾಡಿನ ಗಡಿಯನ್ನು ಕಟ್ಟೋಣ.

ಜಗದಗಲ ಮುಗಿಲಗಲ
ಪ್ರೀತಿ ಸುಧೆಯನು ಚೆಲ್ಲೋಣ
ಕದನ-ಕಾದಾಟಗಳ, ದ್ವೇಷ-
ಅಸೂಯೆಗಳ
ಬೇರುಸಹಿತದಲಿ ಕೀಳೋಣ...



ಅಜ್ಜಯ್ಯ ಹಿರೇಮಠ
ಶಿಕ್ಷಕರು



Science of the Supernatural

Unraveling the Myths

Two Languages of Truth, One Quest for Meaning

Why do our deepest questions about the universe, life, death, and destiny seem to echo through both the scientific lab and the ancient temple?

From the Himalaya Parvat to NASA, from Hanuman's leap to quantum physics, humankind has always searched for meaning. In India, our oldest scriptures like the Vedas, Ramayana, and Mahabharata have long guided people through stories full of gods, demons, battles, and dharma (righteousness). At the same time, science — grounded in logic, experimentation, and evidence, keeps expanding our understanding of the universe, from the Big Bang to brainwaves.

Science is based on three things:

1. **Observation** — what we can see, measure, or test.
2. **Evidence** — facts, data, experiments.
3. **Reasoning** — cause and effect, logic, mathematics.

A scientist will ask, "How does this happen?" They don't believe anything until it's proven. This has given us everything from: Electricity to the Internet, Space travel to stem cell research, CRISPR to AI. But science also has limits. It can explain how a plant grows, but not always why we feel peace when we sit under it.

Now mythology especially **Indian mythology** works differently. It tells us stories with meaning. Not always "factual" but deeply truthful.

Example:

When we hear that Lord Shiva swallowed poison to save the world, it may not be a chemical event. But it symbolizes sacrifice.

Hanuman's flight across the ocean may sound impossible by physics, but it reflects limitless devotion and strength of will.

The Mahabharata war wasn't just about kingdoms. It was about inner war — between ego and duty, fear and truth.

These stories are not lab-tested, but time-tested.

Here's where it gets interesting. As science progresses, we are seeing shocking overlaps with ancient ideas once dismissed as myths:

The concept of rebirth can be loosely connected to quantum consciousness theories.

Time dilation, as described in the Vishnu Purana or Mahabharata (e.g., King Kakudmi

visiting Brahma and returning to find ages passed), resonates with Einstein's theory of relativity. Flying chariots (Vimanas) were laughed at until drone and flight technology became reality. Atomic energy, weaponry (like Brahmastra), and even cloning (like the birth of Kauravas) have eerie similarities with what we now understand through modern science.

It doesn't mean mythology predicted science in literal terms, but it does show that our ancestors were exploring deep truths in the language available to them—symbolism.

The Atheist Point of View

From an atheist's lens, myths are psychological tools, social codes, and moral frameworks invented by early civilizations to explain the unexplainable. Where there was no telescope, there was a story. Where there was no microscope, there was a god. They see mythology as beautiful fiction poetry written before physics, giving comfort, structure, and identity to ancient communities.

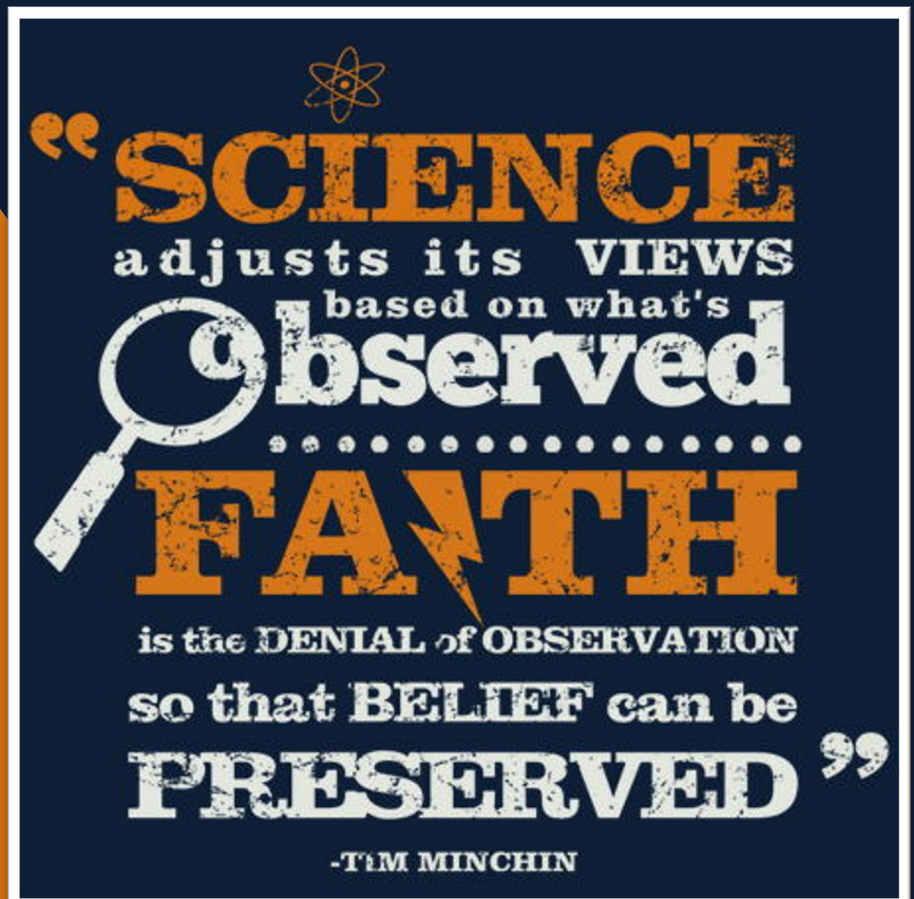
Atheists argue: "Why depend on unproven divine stories when science gives us real, testable results?" And they're right—science has cured diseases, built cities, and explored galaxies. It doesn't ask for faith, it asks for proof.

The Believer's Perspective

But from a spiritual or religious lens, the universe isn't just matter—it has consciousness, karma, purpose, and divine

intelligence. Believers argue that science is only catching up to what was known in symbolic, coded forms.

To conclude: These deepest questions spring from the same human drive to understand existence, origins, and meaning. Science and religion are different tools—one empirical, one existential—for confronting the same mysteries.



Science has driven material progress in technology, medicine, and knowledge of the physical world. Religion has shaped ethics, culture, art, and moral frameworks across societies. Together they have advanced human development.

Neither will fully outlast the other. Science will keep refining how the universe works; the need for meaning and consolation in the face of death will endure. Both will adapt and persist as long as conscious beings remain.



Strokes of Genius

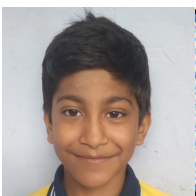
Student Art



Nagaraja M
GIPS, Art Teacher

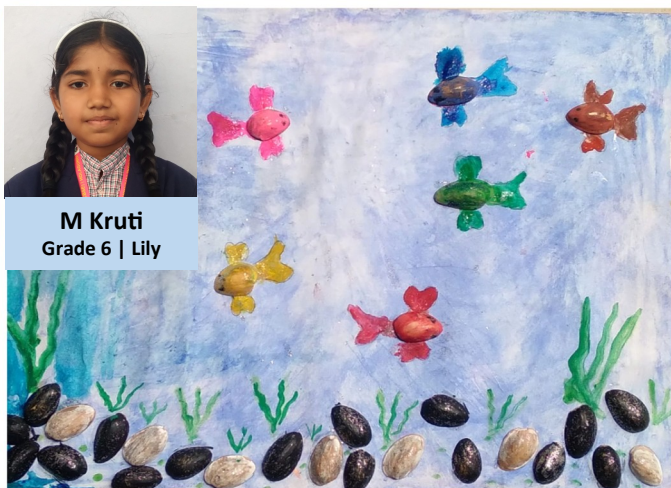
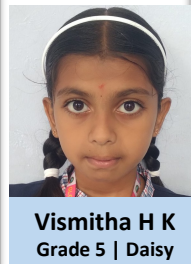
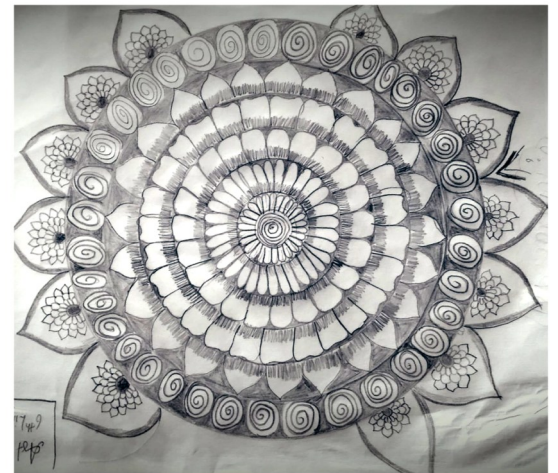


Swapna V
Grade 7 | Lily



Shreeshantha
Grade 6 | Jasmine





1. Which response best supports a child who is upset?

- A. Make the child feel afraid
- B. Listen calmly and offer support
- C. Dismiss the child's feelings
- D. Avoid speaking to the child

2. Why is consistency important in developing secure attachment?

- A. It encourages children to hide feelings
- B. It removes the need for support
- C. It makes care more predictable
- D. It prevents children from asking questions

3. What does secure attachment mainly help a child develop?

- A. Trust and emotional security
- B. Avoidance of communication
- C. Fear of adults
- D. Dependence on strangers

4. Which quality is especially important for a child to feel secure in a relationship?

- A. Isolation
- B. Uncertainty
- C. Harshness
- D. Consistency

5. Which activity can strengthen connection between a caregiver and child?

- A. Avoiding conversation
- B. Frequently ignoring the child
- C. Spending positive time together
- D. Using threats for cooperation

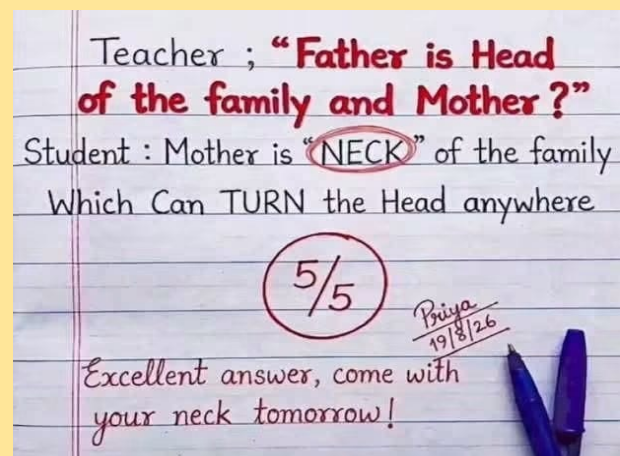


Teacher: "What is the opposite of 'I am beautiful'?"

Student: "You are not beautiful."

Teacher: "No! The opposite is 'I am ugly.'"

Student: "Ma'am, I was trying to be polite!"





PERSONALITY *of the* MONTH

Vaibhav Suryavanshi The Young Prodigy of Indian Cricket

From a small town in Bihar to the grand stage of international cricket, Vaibhav Suryavanshi's remarkable journey is a story of talent, determination, discipline and dreams.

Vaibhav Suryavanshi, born on 27 March 2011, is an Indian left-handed opening batter from Tajpur, Bihar. From a very young age, his exceptional talent and passion for cricket set him apart. His journey is an inspiring example of how dedication, family support and relentless hard work can help a young dreamer achieve extraordinary heights.

Early Life and Background

Vaibhav was born in Tajpur, Bihar, where his father, Sanjeev, played an important role in supporting his early cricket training. His commitment to the game was evident from childhood. Despite coming from a small town, Vaibhav travelled more than 90 kilometres each way to Patna for daily training. This

demanding routine required immense determination and discipline.

His talent soon began attracting attention. At just 12 years of age, he made his First-Class debut for Bihar in the Ranji Trophy, marking the beginning of an extraordinary cricketing journey.

A Journey of Remarkable Records

Vaibhav continued to create history as he progressed through the ranks. At the age of 13, he became the youngest player to receive an IPL contract when the Rajasthan Royals signed him for ₹1.1 crore ahead of the 2025 season.

He then announced himself on the IPL stage in spectacular fashion by scoring 101 runs from just 38 balls against the Gujarat Titans, becoming one of the youngest players to score a T20 century.

His performances reached another level during the 2026 IPL season, when he scored 776 runs at a remarkable strike rate of 237.30, including 72 sixes. His outstanding consistency and explosive batting earned him the Orange Cap and MVP awards.



Vaibhav also made his mark at the Under-19 level. At the 2026 ICC Under-19 World Cup, he was named Player of the Tournament, highlighted by a breathtaking 175 off 80 balls in the final against England.

The International Dream

Vaibhav's hard work eventually took him to the highest level. At just 15 years and 99 days, he made his T20 International debut for India against England in July 2026, becoming the youngest male player to represent India in international cricket and surpassing Sachin Tendulkar's long-standing record.

He continued to impress on the international stage, scoring a rapid fifty against Zimbabwe and demonstrating that his fearless batting style could flourish even under the immense pressure of international cricket.

An Inspiration for Young Students

Vaibhav Suryavanshi is popularly known as "Baby Boss", a nickname inspired by his remarkably young age and confident batting. His explosive style has also earned him nicknames such as "New Six Machine", given by Chris Gayle, and "Terminator 6", associated with Yuvraj Singh. Beyond his records and awards, Vaibhav's greatest achievement is the example he sets for young people. His journey reminds us that talent may provide an opportunity, but discipline, perseverance and hard work turn opportunity into achievement.

From travelling long distances for training to representing India on the international stage, Vaibhav has shown that

age should never be a barrier to ambition. His story encourages students to believe in their abilities, remain committed to their goals and never give up when the journey becomes difficult.

With his extraordinary talent, determination and passion for the game, Vaibhav Suryavanshi represents the promise of a bright future for Indian cricket. His journey is still at its beginning, but he has already shown that great dreams can become reality when they are supported by courage, discipline and relentless effort.



STAR STUDENTS OF THE MONTH

1. Madhusree | UKG Jasmine:



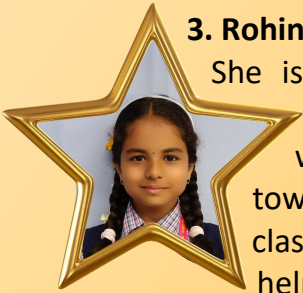
A cheerful and enthusiastic learner who participates actively in classroom activities and always tries her best. She is well-mannered, polite, respectful and disciplined, follows instructions well and sets a wonderful example for classmates. She excels in academics, creativity, participation and good behaviour, making this little learner truly deserving of the Star Student Award.

2. Anvitha Kuri | 2nd Lily:



This student shows great interest in classroom activities and always tries her best. She completes her work sincerely, participates actively and displays good discipline. She is ready to help others and shares a positive attitude. Her creativity, confidence and willingness to learn make her truly special. Last year she was naughty, but her complete change in behaviour proves we can change our future; she is awarded Star Student this month.

3. Rohinisree A. | 4th Rose:



She is a bright, sincere and enthusiastic student who is respectful towards teachers and classmates and willingly helps others. She displays discipline, good manners and confidence in expressing ideas. Her creativity, curiosity

and hard-working nature make her a wonderful role model. She participates actively, completes work responsibly, and her academic excellence and disciplined manner make her Star Student of this month.

4. Nafeesa B. | 7th Daisy:



Our Grade 7 Star Student is a responsible, confident and hardworking learner who consistently shows a positive attitude toward academics and school activities. She completes assignments on time, participates actively in discussions and shows curiosity in new concepts. Her respectful behaviour, kindness and willingness to help make her a role model with excellent leadership qualities. Through dedication, discipline and perseverance she achieves success and inspires peers.

5. Ananya | 9th Jasmine:



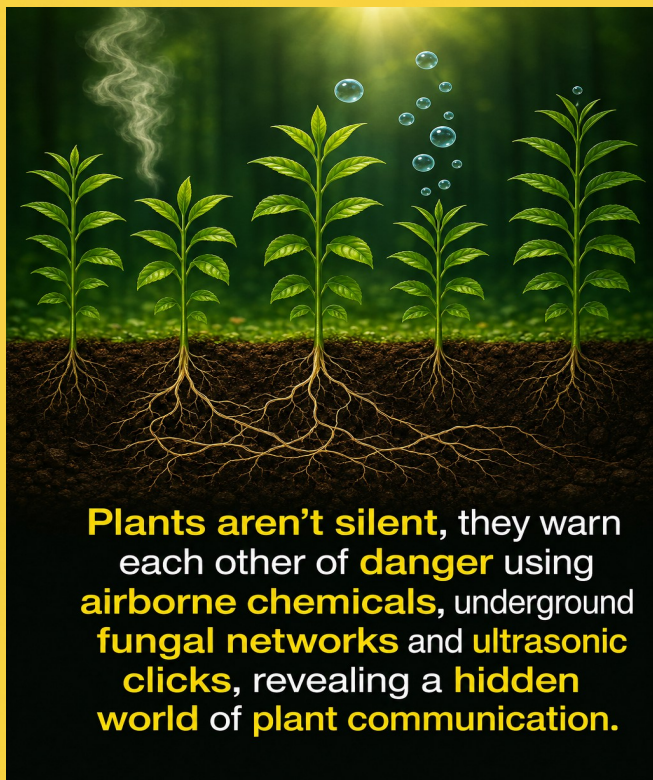
A bright, responsible and hardworking student who consistently demonstrates a positive attitude towards learning. She is sincere, disciplined and always eager to take on new challenges. With excellent classroom participation, a strong sense of responsibility and respectful behaviour towards teachers and classmates, she sets a wonderful example. Her curiosity, confidence and determination help her achieve goals.



FACTS

Behind the fantasy

Trees and other plants can “talk” to each other using chemicals that travel through the air. This is not like people speaking with words or animals making sounds. Instead, they release special airborne chemicals called volatile organic compounds (VOCs) — invisible scents that nearby plants can detect.



How it works

1. An insect (like a caterpillar) starts chewing on a plant's leaves.
2. The damaged plant quickly releases a cloud of VOCs into the air. These chemicals include things like:
 - ❑ Green leaf volatiles (the fresh “cut-grass” smell you notice when lawns are mowed),
 - ❑ Terpenes (piney or citrusy scents),

- ❑ And other signal molecules such as methyl jasmonate.
3. Neighboring plants “smell” these warning signals. Within minutes to hours, they start preparing their own defenses even before any insect reaches them.

What defenses do they switch on?

- They make their leaves taste bitter or toxic (for example by producing more tannins or other chemicals that insects dislike).
- They toughen their tissues so they are harder to chew.
- Some plants also release chemicals that attract the *enemies* of the insects — such as parasitic wasps that attack caterpillars. This is like calling for help!

This kind of chemical communication has been seen in many plants, including trees such as sugar maple, poplar, willow, birch, beech, and pine, as well as smaller plants like tobacco, maize, and Arabidopsis (a common research plant).

Imagine one student in class gets a warning about a test and quietly passes a note that says “Study hard!” to nearby classmates. The classmates then open their books and get ready. Plants do something similar — but with scents instead of notes.

Scientists first noticed this “talking trees” idea in the 1980s. More recent experiments have even watched the process in real time: when a plant senses the warning chemicals, calcium signals light up inside its cells and defense genes turn on.

Important note: Plants do not have brains or feelings the way animals do. This is a chemical response that helps them survive. It is one of nature's clever ways of protecting plants without them being able to run away.

Value of Time

One afternoon, a young boy named Leo sat on a park bench, scrolling through his phone. An old man with kind eyes sat beside him.

The man smiled and said, "Time moves faster than you think, boy."

Leo laughed. "I've got all the time in the world."

The man looked at the trees and replied, "I once thought that too. I wasted my time chasing things that didn't matter."

Leo paused, curious. "What do you mean?"

The man pointed to a nearby clock tower. "Every tick you ignore now is a gift you'll wish for later. Use your time to grow, learn, and be kind."

Leo looked down at his phone, then slowly put it away.

From that day, Leo began to spend more time doing things that mattered—studying, helping his parents, talking with friends—and he never forgot the wise man on the bench.



Anvitha C.N
Grade 4 | Lily

ಅಮ್ಮ ..

ಅಮ್ಮ ಎಂದರೆ ಸ್ವರ್ಗ ಮುತ್ತಿನಂತ ಗುಣ

ತಾಳ್ಮೆಯ ಸಮನಾರ್ಥಕ ಪದ

ಪದಗಳಲ್ಲಿ ಬಣ್ಣಿಸಲಾಗದ ವ್ಯಕ್ತಿತ್ವ

ಅಪಾರವಾದ ಪ್ರೀತಿ ತೋರುವ ಏಕೈಕ ಜೀವ

ನಿನ್ನ ಮಡಿಲಲ್ಲಿ ಮಲಗಲು

ಸಾವಿರ ಕಷ್ಟಗಳನ್ನು ಮರೆಯಲು

ನೀ ಕೈಗಳಿಂದ ತಲೆ ಸವರಲು ಹಾಯಾಗಿ ನಾ

ಮಲಗಲು

ಹುಟ್ಟುವಾಗ ಅಮ್ಮ

ಅಳುವಾಗ ಅಮ್ಮ

ನಗುವಾಗ ಅಮ್ಮ

ಬಿದ್ದಾಗ ಅಮ್ಮ

ಕಾರಣ ಅವರಿಂದಲೇ ಸಿಕ್ಕಿದೆ ಈ ಜನ್ಮ..

ನೋವಿನಲ್ಲಿ ನಗು

ಕಷ್ಟದಲ್ಲಿ ಧೈರ್ಯ

ಸ್ವಾರ್ಥ ಬಯಸದ ಪ್ರೀತಿ

ಸಿಗುವುದು ತಾಯಿಯಲ್ಲಿ ಮಾತ್ರ.

ನೀನಿರಲು ಮನೆಯ ಮುಖ್ಯಸ್ಥಂಭ

ನಿನಗಂದೆಂದಿಗೂ ಸಿಗಲಿ ಆನಂದ.

ಕೋಟಿ ವರ್ಷಗಳು ಕಳೆದರೂ ನಾ ಬೇಡುವೆ

ನಿನ್ನನ್ನೇ

ಅಮ್ಮನಾಗಿ.

ಅಮ್ಮ...ಅಮ್ಮಾ....

ಐ ಲವ್ ಯು.



ಚಾರ್ವಿ ಬಿ ಎನ್
ನೇ ತರಗತಿ | ರೋಜ್

ಕನ್ನಡ ಸ್ವರಾಕ್ಷರಗಳೊಂದಿಗೆ

'ಗಾದೆ ಮಾತುಗಳ' ರಚನೆ

ಅ = ಅಕ್ಕ ಸತ್ತರೆ ಅಮಾವಾಸ್ಯೆ ನಿಲ್ಲುತ್ತಾ?

ಆ = ಆಳಾಗಿ ದುಡಿ, ಅರಸನಾಗಿ ಉಣ್ಣು.

ಇ = ಇಬ್ಬರ ಜಗಳ ಮೂರನೆಯವನಿಗೆ ಲಾಭ.

ಈ = ಈರಣ್ಣನ ಮುಂದೆ ಬಸವಣ್ಣ.

ಉ = ಉಪ್ಪಿಗಿಂತ ರುಚಿಯಿಲ್ಲ ತಾಯಿಗಿಂತ ಬಂಧುವಿಲ್ಲ.

ಊ = ಊರಿಗೆ ಉಪಕಾರಿ ಮನೆಗೆ ಮಾರಿ.

ಋ = ಋಷಿಗಳೆಲ್ಲರೂ ದೇವತೆಗಳಲ್ಲ.

ಎ = ಎತ್ತಿಗೆ ಜ್ವರ ಬಂದ್ರೆ ಎಮ್ಮೆಗೆ ಬರೆ ಹಾಕಿದ್ರಂತೆ

ಏ = ಏಣಿ ಏರಿದವನು ಕೆಳಕ್ಕೆ ಇಳಿಯಲೇಬೇಕು.

ಐ = ಐಕ್ಯತೆಯೇ ಬಾಳಿನ ಸಂಪತ್ತು.

ಒ = ಒಬ್ಬರಿಗಿಂತ ಇಬ್ಬರು ಲೇಸು.

ಓ = ಓದು ಒಕ್ಕಾಲು ಬುದ್ಧಿ ಮುಕ್ಕಾಲು.

ಔ = ಔಷಧಿ ಎಲ್ಲಾ ಮದ್ದಲ್ಲ.

ಅಂ = ಅಂಗೈ ಹುಣ್ಣಿಗೆ ಕನ್ನಡಿ ಬೇಕೆ?

ಅಃ = ಅಃ! ಎಷ್ಟೊಂದು ಸುಂದರ ನಮ್ಮ ಗ್ಲೋಬಲ್ ಶಾಲೆ.



SRUJAN SHIVACHIMPIGARA
Grade 6 | JASMINE

Attunement

Pronunciation:

uh-TOON-ment

Part of Speech: Noun

Origin: From the word “attune”, meaning to bring into harmony or make responsive to something.

The word comes from “tune” related to the idea of being “in tune” with someone.

Meaning: Understanding and responding sensitively to another person’s feelings and needs.

Example: Attunement between a caregiver and child helps build a secure attachment.

Kannada: ಭಾವನೆಗಳನ್ನು ಅರ್ಥ ಮಾಡಿಕೊಂಡು ಸ್ಪಂದಿಸುವಿಕೆ

Remember: Notice feelings
→ Understand needs →
Respond with care.



GK KEY ANSWERS

(From page no. 22)

1. Empathy
2. Comfort
3. Consistency
4. Attunement
5. Guidance

QUIZ KEY ANSWERS

(FROM PAGE NO. 29)

1. B Listen calmly and offer support
2. C It makes care more predictable
3. A Trust and emotional security
4. D Consistency
5. C Spending positive time together

CROSS WORDS ANSWERS

(From page no. 22)

⁶ S				⁴ C					
U			¹ S	A	F	E	T	Y	
P			⁵ T	R					
P	³ C	A	R	E					
O			U	G					
R			S	I				⁷ B	
T			T	V				O	
² L	I	S	T	E	N	I	N	G	
				R				D	

Raksha Bandhan

The Beautiful Bond of Raksha Bandhan

Rakhi is a thread of love,
A precious gift from stars above.
It brings two hearts a little near,
With love and care throughout the year.

A sister ties the Rakhi bright,
With happy smiles and hearts so light.

A brother promises to care,
To stand beside her everywhere.
They share their laughter, dreams, and fun,
And make sweet memories one by one.

Through sunny days and rainy weather,
They promise to support each other.

Rakhi is not just a simple thread,
It is a bond of love instead.

It brings happiness, joy, and cheer,
And makes our family feel so dear.

So let us celebrate this day,
With love and smiles along the way.

May every brother and sister be,
Happy, caring and always free.

With hearts filled with love and pride,
Let us keep this bond alive.

Happy Raksha Bandhan, bright and true,
A beautiful day for me and you!



 **Trupti**
Grade 5 | Jasmine

Siblings!

A sibling is one of most special people in our life. I have a wonderful sibling who is very close to me.

We share many happy moments and enjoy spending time together. We play game watching TV, study, and talk about many things. My sibling always help me whenever I have problem. We share our toys, books, food, and other things with each other. Sometimes we over small thing, but we never stay angry for long.

My sibling teach me many good thing and encourage me to do my best. We celebrate festivals, birthdays and special occasion together. We also help our with small household activities. I feel parent safe and happy when I am with my siblings.

A sibling is not only a family member but also a good friend and companion. I am thankful to have such a loving siblings in my life. I hope our bond love and friendship remain strong forever.



 **Fazila Naaz S**
Grade 6 | Rose





माँ

माँ एक ऐसा शब्द है, जिसका कोई रूप नहीं। हमारे जीवन में सब लोग होते हैं जैसे दादा-दादी, नाना-नानी, मामा-मामी, चाचा-चाची सब होते हैं, लेकिन हमें सबसे ज्यादा प्यार करने वाली हमारी माँ है।

माँ हमारा दुख और दर्द समझाती है। जीवन में दो रास्ते होते हैं, एक अच्छा और एक बुरा। गुरु हमें उनमें किसे चुनने और कैसे पार करना सिखाते हैं, लेकिन माँ हमें रास्ते जाने का हौसला देती है और उसे पार करने की हिम्मत देती है।

हम कोई गलती करते हैं तो लोग उस एक छोटी गलती को मजाक बना देते हैं लेकिन माँ उसे माफ करके उस गलती को सही सुधारने को कहती है। जब हम बीमार होते हैं, हमारी माँ सारी रात जागकर हमारी देखभाल करती है। जब हम कोई मुश्किल में होते हैं तो हमारा साथ सिर्फ हमारी माँ देती है।

अगर कोई हमें माँ के सामने डाँटे या मारे, माँ तभी माँ के आँख से आँसू आ जाते हैं। माँ हमें अच्छे के लिए डाँटती है। माँ हमें पढ़ने लिखने इसलिए कहती है कि हमें इस जीवन में सफल हो जाएँ और आगे...कोई परेशानी का सामना ना करना पड़े। माँ अपने सारे सपने छोड़कर सिर्फ हमारी माँगे पूरी

करने रहती है। माँ अपना दर्द हमें कभी नहीं बताती, सिर्फ हमारे सामने खुश रहने का नाटक करती है। हमें माँ को कभी उल्टा जवाब नहीं देना चाहिए। अगर माँ हमें कुछ भी कहे, उस पर हमें माँ को कभी उल्टा जवाब नहीं देना चाहिए।

अगर वह झाँटे या मारे, माँ पर पूरा हक है मारने और डाँटने का क्योंकि वह हमें जन्म देती है। वह समझती है कि हम कोई गलत रास्ते को चुन रहे हैं। माँ हमें सच्चा प्यार करती है। अगर हमें कोई भी धोखा दे सकता है लेकिन गुरु और माता-पिता हमें कभी धोखा नहीं देते।

अगर कोई बड़ा आदमी है जो किसी के सामने नहीं झुकता, वह माँ के सामने झुक जाता है। हम किसी स्थान पर हैं तो उसके पीछे हमारी माँ का हाथ होता है। माँ के पैरों तले जन्नत है। कुछ लोग माँ की इज्जत नहीं देते। जब माँ नहीं होती तब उन्हें माँ का एहसास होता है।

कुछ लोग छोटी सी बात पर माँ को गाली देते हैं और माँ की कसम भी खाते हैं, लेकिन उन्हें माँ की ममता का मूल्य समझ नहीं होता। कोई गरीब भी हो तो सुख है तो समझ...लेना की उसने माँ का मूल्य समझाया है "जो माँ की कद्र करना सीख गया,



 **Syeda Sumera**
Grade 8 | Daisy

The Two Birds

Mithu and Chirtu were two little birds. They lived in a big tree in a beautiful forest. Mithu was kind and helpful, but Chirtu was a little lazy.

One day, Chirtu fell from the tree and hurt his wing. Mithu quickly helped him and brought some food and water. Chirtu thanked Mithu for helping him.

After a few days, Chirtu became healthy again. He promised to help Mithu whenever he needed help. They became best friends and lived happily together.



 **Namratha T TM**
Grade 4 | Jasmine



The Wolf and the Lamb

One day, a lamb was eating sweet grass away from her flock of sheep. She didn't notice a wolf walking nearer to her. When she saw the wolf, she started pleading, "Please don't eat me. My stomach is full of grass. You can wait a while to make my meat taste much better. The grass in my stomach will be digested quickly if you let me dance."



The wolf agreed. While the lamb was dancing, she had a new idea. She said, "I can dance faster if you take my bell and ring it so hard!" The wolf took the bell and started to ring it so hard. The shepherd heard the sound and ran quickly to save the lamb's life.



 **H. Lekhana**
Grade 4 | Lily

ATTACHMENT STYLES



SECURE

Self-Assured,
Direct, Responsive



PREOCCUPIED

Self-doubting,
Anxious, Sensitive



AVOIDANT

Self-Reliant,
Avoidant, Distant



DISORGANISED

Self-Sabotaging,
Unpredictable, Isolated

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